

## What we have achieved so far

- We have raised over two million pounds since 2006, to improve the care and treatment of local men with prostate cancer.
- With minimal administrative costs and unpaid volunteers and no expensive offices, every penny raised is aimed at helping local prostate cancer patients.
- By September 2019 we will have appointed three dedicated prostate cancer nurses all funded by the charity, in Leicester and Northampton in vital local areas of prostate cancer treatment.
- We have funded and continue to fund the introduction of new state of the art treatment equipment.
- We provide innovative treatment solutions to ensure better outcomes such as the purchase of new treatment equipment for transperineal biopsies.

## What else does PROSTaid continue to do?

Raise local awareness: of prostate cancer, encouraging local men over 50 to get checked out. Men with a higher risk i.e. with a family history of the disease, African Caribbean men or men who have a mother with breast cancer should get checked out at the age of 40.

Throughout the year we visit local factories, workplaces, Rotary & Lion Clubs and social clubs etc..

We also visit the county towns of our area.

**PROSTaid** are a local Charity run by prostate cancer patients, families, friends and urological professionals.

We will give you all the information you need to make your choice of treatment as well as the opportunity to put you in touch with other local men who have been successfully treated. We run five prostate cancer support groups that meet monthly.

We fund three dedicated PROSTaid prostate cancer specialist nurses in Leicester & Northampton

Contact our nurses: **0116 2588328**  
Details of support groups  
contact: **0116 2584490** or **0116 2888188**

E-Mail [info@prostaid.co.uk](mailto:info@prostaid.co.uk)  
[www.prostaid.co.uk](http://www.prostaid.co.uk)

PROSTaid receives no government funding, and relies entirely, on donations from bequests, local companies and individuals. PROSTaid runs a unique speed networking group **BIZZ BUZZ**. This helps local business and helps support the charity. To book [www.eventbrite.co.uk](http://www.eventbrite.co.uk) (in "looking for" type BIZZ BUZZ/search/then book!) or contact [info@prostaid.co.uk](mailto:info@prostaid.co.uk)

PROSTaid Reg Charity No 1116935,  
Charitable company No 5953090

**PROST**  
aid®

**IT'S A MAN THING!**  
getting the facts about prostate cancer



IT'S A MAN  
THING!

We HELP men with  
Prostate Cancer

**PROST**  
aid®

Helping to Fight prostate cancer in  
Leicestershire Rutland and Northamptonshire

## Need someone to talk to?

We can arrange for you to talk to a fellow patient who has had first hand experience of the disease. Ask our nurses to help you. See our "Need a Buddy" brochure.

## Need help to understand your treatment?

You may have already been given a number of choices for your treatment. We can give you the information you need about each one to help you make the decision that's right for you on your treatment journey.

## Do you or your family need support?

We can provide you and your family with information, support and advice to help you with the disease. We can give you access to our own dedicated local prostate cancer nurses and put you in touch with fellow patients and their families.



## So what now?

When you feel up to it, we can put you in touch with local people who have been successfully treated with the option you choose, so they can give you the benefit of their experience. Or we can put you in touch with one of our own dedicated prostate cancer nurses funded by the charity.

## OK how do I make contact?

If you want specialist and professional medical advice, call our own PROSTaid prostate cancer nurses:

at Leicester General Hospital: **0116 2588328**

or Rob Banner at PROSTaid for more general information: **0116 2888188**

**info@prostaid.co.uk**  
or visit **www.prostaid.co.uk**

## Still concerned?

Visit one of our five support Group meetings.

- Leicester Social
- Birstall
- Melton Mowbray
- African/African Caribbean
- Northampton

For details re times etc:

**www.prostaid.co.uk**

(click Support Groups)

or

Nicki Bakewell LGH: **0116 2384490**

Rob Banner PROSTaid: **0116 2888188**

## There is hope with prostate cancer?

Increasingly more and more research is now really bearing fruit and new ways are being constantly found of treating this disease. As members of the National charity: Tackle Prostate Cancer, we always have up to the minute information on the latest treatments available to you patient. At this point it might be worth the patient enquiring about the availability of clinical trials.

To find out more Link is:

**<http://www.cancerresearchuk.org/cancer-help/trials/>**

## Why does prostaid do this?

Because as local patients who have experienced this disease, we care about you and your treatment. We want to see that you always get the best outcome whatever the stage of the disease you have!

