

How can you contact the Prostate Cancer Palliative Nurse Specialist?

Phone: **01604 678081** or **0844 800 7770**

The service operates a weekday service during normal office hours. Monday - Friday 0900 – 1700 excluding Bank Holidays

Your Prostate Cancer Palliative Nurse Specialist is: Lucy Goddard

Messages can be left at any time during the above hours.

The Prostate Cancer Palliative Nurse does not provide an emergency service.

Should you need urgent advice contact your GP in Surgery hours. Should you need advice out of hours then ring NHS 111 Service.

Help outside normal hours:

PROSTaid Patient Helpline number **0844 800 7801**
Or Speak to a PROSTaid Specialist Nurse on **0844 800 7795**



Comments, Compliments and complaints

We welcome any suggestions you have about the quality of our care and services.

Good or bad, your comments are really important and will help to improve the service for you and others. Please ask for a Feedback form to complete Richard Glasspool, Specialist Palliative Care Service Manager; Cynthia Spencer Hospice; address overleaf. **PALS contact number 0800 917 8504**

(Patient Advice and Liaison Service)

You can also talk to PALS who provide confidential advice and support to patients, families and carers, and can provide information on the NHS and all health related matters. PALS can also provide the information on this leaflet in a number of different languages.

PROSTaid are a local Charity run by prostate cancer patients, families, friends and urological professionals. We receive no government funding & rely entirely on local donations. We will give you all the information you need to make your choice of treatment as well as the opportunity to put you in touch with other local men who have been treated. We fund three dedicated PROSTaid Prostate Cancer Nurse Specialists in the East Midlands, in Urology, Oncology, and Palliative care all working in our local community to improve the care of prostate cancer patients. In addition we fund new treatments not available on NHS budgets.

Helpline **0844 8007801** (low Call)

www.prostaid.co.uk E-Mail info@prostaid.co.uk

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**IT'S A MAN[®]
THING!**



getting the facts about prostate cancer



How can you contact the Prostate Cancer Palliative Nurse Specialist?

Northamptonshire Healthcare 
NHS Foundation Trust

This nurse is jointly funded by:

PROSTaid[®]

Local Care & Support
for prostate cancer
Reg Charity 1116935



Reg Charity 1005541

Who can see the Prostate Cancer Palliative Nurse Specialist?

Anyone with a diagnosis of prostate cancer in the end stages of their illness, who has complex physical and emotional needs that are not easily managed by their medical or nursing teams. Referrals are usually made by your GP, District Nurse or Hospital doctor or nurse. Patients or family can self-refer and the Prostate Cancer Palliative Nurse Specialist will then discuss the referral with the patients GP.

How often will I see the Prostate Cancer Palliative Nurse Specialist?

This will depend on the needs assessed. A single consultation may be all that is necessary, but further involvement may be appropriate. Every patient is unique and will be seen as often as agreed between the patient and the nurse.

Contact numbers are always left with you if further help or advice is required.

Regardless of being referred to the Prostate Cancer Palliative Nurse Specialist, your GP has the overall responsibility for your medical care and should be the first point of contact when you have a medical problem.

What does the Prostate Cancer Palliative Nurse Specialist do?

- An experienced registered nurse who is able to offer support to you and those close to you
- The Prostate Cancer Palliative Nurse Specialist works in an advisory capacity working alongside your medical and nursing team in the community providing support and expertise as needed.
- Provide and discuss information about your illness and its management.
- Offers guidance about financial benefits, and referral to welfare rights
- Advises on the best ways to manage pain and other symptoms you may be experiencing as a result of your prostate cancer.
- Provides psychological and emotional support.
- Refers to other professionals, including Consultants in palliative medicine with your consent.
- Offers links to other services that can provide you with care, advice and equipment if you need it.



What is Palliative Care?

Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other symptoms, physical, psychosocial and spiritual. (WHO 2014)



Contact:

Cynthia Spencer Hospice
Manfield Health Campus
Kettering Road
Northampton
NN3 6NP

Phone: 01604 678081 or 0844 800 7770

Hours of Service 09.00 -17.00 Monday - Friday
lucy.goddard@nhft.nhs.uk